



Charlton Central Neighbourhood Watch (CCNW)

Supported by Charlton Central Residents'
Association (CCRA)

UPDATE 42: March 2020

Please share this 'Update' with a neighbour
and encourage them to join the Watch.

If you have something you'd like included in UPDATE contact
Brenda on 0208 853 3354 or at brendataggart49@gmail.com

Coronavirus

**We are sending out this UPDATE in response to
the spread of Coronavirus/COVID-19**

**This UPDATE does not replace information from
the Government, NHS and medical officers**

**Whilst none of us have a 'crystal ball' it is
becoming clear that the situation is likely to get
worse before it gets better. We all have to take
measures to limit the spread of the virus but we
also need to ensure that we support each other in
getting through the next few months.**

Where to get advice

For up to date advice on the virus visit:

<https://www.bbc.co.uk> or

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Coronavirus scams

These scams are already proliferating. Do not respond to anyone who cold calls (door/telephone/email) offering to sell you hand sanitizer, masks, cleaning or other virus related products. Do not respond to people calling you saying they are from the NHS, or a Doctor you don't know or the Government Health Dept. Do not click on links sent to you by email regarding information about the virus unless from a trusted source. These are scams.

Seeking help

If you are in a vulnerable group or are self isolating then think carefully about how, and from whom you seek help. There are a number of on-line groups and individuals (NextDoor etc.) that are offering support, but you don't know who you are liaising with. Our advice is – if you need help then contact someone you know or a trusted local organisation. There are two ways to contact your immediate neighbours, who will give support – either through the Watch (brendataggart49@gmail.com / 07939 090 676) or through CCRA (chair@charltonresidents.net or Jodie Coughlan on 07823 777 152). We can then put you in touch with a volunteer neighbour. If you know of a vulnerable or elderly resident you'd like us to get in touch with and support - then please let us know.

Together we can keep Charlton Central safer.

CCNW CO-ORDINATORS

Contact any of the co-ordinators below if you need some help (in confidence) or email <http://ccnwatch.org>

- **Calydon** – *Dhesi* on 07816 548581
- **Delafield** – *Annie* on 0208 305 1484 / *Brenda* on 07939 090676
- **Inverine** – *Cathy* on 0208 488 2188 / *Jonathan* on 07875 054597
- **Nadine / Gollogly** – *Lydia* on 07956 207155
- **Swallowfield** – *Heather* on 07836 559420
- **Elliscombe** - *Michelle* on 07957 275739